

## WHY MEDITATE ON SCRIPTURE?

**1. It is the key to becoming like Christ.**

*“ . . . Your life is shaped by your thoughts.” Pro. 4:23 (GN)*

*“ . . . Be transformed by the renewing of your mind.” Rom. 12:2*

**2. It is the key to answered prayer.**

*“If you remain in me and my words remain in you, ask whatever you wish, and it will be given you.” Jn. 15:7*

**3. It is the key to successful living.**

*“ . . . Meditate on (the Word) day and night, so you may be careful to do everything written in it. Then you will be prosperous and successful.” Josh. 1:8*

## SIX WAYS TO MEDITATE ON A VERSE

- 1. Probe it!** *Visualize the scene in your mind.*
- 2. Pronounce it!** *Say the verse aloud, each time emphasizing a different word.*
- 3. Paraphrase it!** *Rewrite the verse in your own words.*
- 4. Personalize it!** *Replace the pronouns or people in the verse with your own name.*
- 5. Pray it!** *Turn the verse into a prayer and say it back to God.*
- 6. Probe it!** *Ask the following nine questions:*

### S.P.A.C.E.P.E.T.S. Questions

- \* **SIN TO CONFESS?**
- \* **PROMISE TO CLAIM?**
- \* **ATTITUDE TO CHANGE?**
- \* **COMMAND TO OBEY?**
- \* **EXAMPLE TO FOLLOW?**
- \* **PRAYER TO PRAY?**
- \* **ERROR TO AVOID?**
- \* **TRUTH TO BELIEVE?**
- \* **SOMETHING TO THANK GOD FOR?**

## VI. HOW TO APPLY GOD’S WORD

*“Do not fool yourselves by just listening to the Word. Instead, put it into practice.”  
James 1:22*

*“. . . Whoever practices and teaches these commands will be called great in the kingdom of heaven.” Matt. 5:19*

### HOW TO APPLY SCRIPTURE

1. **THEN: Interpretation**
2. **TIMELESS PRINCIPLES: Implication**
3. **NOW: Personalization**

**1<sup>st</sup>, ask: What did it mean to the original hearers?**

**2<sup>nd</sup>, ask: What is the underlying timeless principle?**

**3<sup>rd</sup>, ask: Where or how can I practice this principle?**

Write out a sentence that describes a project or action you will take to apply the truth.

Most application will focus on one of three relationships:

With God . . . Within myself . . . With other people

### 4 MARKS OF A GOOD APPLICATION PROJECT

- \*IT’S PERSONAL**
- \*IT’S PRACTICAL**
- \*IT’S POSSIBLE**
- \*IT’S PROVABLE – SET A DEADLINE**

*“Now that you know these things--do them! This is the path of blessing!” John 13:17  
(LB)*