

## **THE CRUISE**

*The 2<sup>nd</sup> Chance: What To Do When Your Life Goes Under- Part 2*  
January 17, 2010  
**Jonah 1:4-16**

*“And you have forgotten that word of encouragement that addresses you as son’s ‘My son, do not make light of the Lord’s discipline, and do not lose heart when He rebukes you, because the Lord disciplines those He loves, and He punishes everyone He accepts as a son.” Hebrews 12:5-6 (NIV)*

## **THE RUNAWAY**

### **1. THE DISCOVERY (6-7)**

*“But if you fail to keep your word, then you will have sinned against the LORD, and you may be sure that your sin will find you out.” Numbers 32:23 (NLT)*

### **2. THE DISCUSSION (8-14)**

#### ■ **The confession of Jonah**

*“...I am a Hebrew and I worship the Lord, the God of heaven, who made the sea and the land.” vs. 9 (NIV)*

#### ■ **The confusion about Jonah**

*“... ‘What have you done?’... ‘What should we do to you to make the sea calm down for us?’” vs. 10-11 (NIV)*

#### ■ **The courage of Jonah**

*“ ‘Pick me up and throw me into the sea,’ he replied, ‘and it will become calm. I know that it is my fault that this great storm has come upon you.’” vs. 12 (NIV)*

#### ■ **The compassion shown to Jonah.**

*“Instead, the men did their best to row back to land. But they could not, for the sea grew even wilder than before.” vs. 13 (NIV)*

## **THREE LIFE-CHANGING LESSONS**

### **LESSON #1: GOD IS COMMITTED TO ME.**

*“But to all who believed Him and accepted Him, He gave the right to become children of God.” John 1:12 (NLT)*

*“And I am sure that God who began the good work within you will keep right on helping you grow in His grace until His task within you is finally finished on that day when Jesus Christ returns.” Philippians 1:6 (LB)*

**My Response: Be Faithful To God**

**LESSON #2: GOD WANTS ME TO HAVE COMPASSION FOR  
ALL PEOPLE.**

*“...That is why I was so quick to flee to Tarshish. I knew that you are a gracious and compassionate God, slow to anger and abounding in love, a God who relents from sending calamity.” Jonah 4:2 (NIV)*

*“You are to go into all the world and preach the Good News to everyone, everywhere.” Mark 16:15 (LB)*

**My Response: Reach Out To Others**

**LESSON #3: MY COMMITMENT TO CHRIST DIRECTLY  
AFFECTS OTHERS.**

*“So they asked him, ‘Tell us, who is responsible for making all this trouble for us? ...’ vs. 8 (NIV)*

*“You are the light of the world. A city on a hill cannot be hidden...In the same way, let your light shine before men, that they may see your good deeds and praise your Father in heaven.” Matthew 5:14, 16 (NIV)*

**My Response: Be A Positive Influence**