

JESUS ON WORRY
JESUS UNFILTERED – PART 9
October 9, 2011
Matthew 6:25-34

*“Therefore I tell you, do not worry about your life, what you will eat or drink;
or about your body, what you will wear”
Matthew 6:25 (NIV)*

WHY?

1. It doesn't help.

“Who of you by worrying can add a single hour to his life?” Matt. 6:27 (NIV)

2. God knows.

“Don't worry and ask yourself, ‘Will we have anything to eat? Will we have anything to drink? Will we have clothes to wear? Only people who don't know God are always worrying about such things. Your Father in heaven knows that you need all of them.’” Matt. 6:31-32 (CEV)

3. God cares.

“If a child asks his father for a loaf of bread will he be given a stone instead? If he asks for a fish, will he be given a poisonous snake? Of course not! And if you hard-hearted, sinful men know how to give good gifts to your children, won't your Father in heaven even more certainly give good gifts to those who ask Him for them?” Matt. 7:9-11 (LB)

“...we are able to hold our heads high no matter what happens and know that all is well, for we know how dearly God loves us...” Romans 5:5 (LB)

HOW?

STEP #1: PUT GOD FIRST IN MY LIFE.

*“...don't worry at all about having enough food or clothing... (God) will give them to you if you give Him first place in your life and live as He wants you to.”
Matthew 6:31, 33 (LB)*

*“Give your worries to the Lord, and He will take care of you.”
Psalm 55:22 (NCV)*

“Let Him have all your worries and cares, for He is always thinking about you and watching everything that concerns you.” I Peter 5:7 (LB)

“Anyone who trust in Him will never be disappointed” Romans 10:11 (NCV)

STEP #2: TAKE IT ONE DAY AT A TIME.

“Give your entire attention to what God is doing right now, and don’t get worked up about what may or may not happen tomorrow. God will help you deal with whatever hard things come up when the time comes.”

Matthew 6:33-34 (Mess)