

A BATTLE WITH THE BLUES

Freedom for a Fresh Start- Part 2

January 21, 2018

I Kings 19:1-18

1. THE PROBLEM.

"He replied again, 'I have zealously served the LORD God Almighty. But the people of Israel have broken their covenant with you, torn down your altars, and killed every one of your prophets. I alone am left, and now they are trying to kill me, too.'"

I Kings 19:14 (NLT)

2. THE PRESCRIPTION.

A. PHYSICAL.

"...All at once an angel touched him and said, 'Get up and eat.' He looked around, and there by his head was a cake of bread baked over hot coals, and a jar of water. He ate and drank and then lay down again. The angel of the LORD came back a second time and touched him and said, 'Get up and eat, for the journey is too much for you.' So he got up and ate and drank..." I Kings 19:5b-8a (NIV)

B. SPIRITUAL.

"Go out and stand on the mountain in the presence of the LORD, for the LORD is about to pass by...." I Kings 19:11 (NIV)

"But he said to me, 'My grace is sufficient for you, for my power is made perfect in weakness...'" II Corinthians 12:9 (NIV)

"Who then will condemn us? Will Christ Jesus? No, for he is the one who died for us and was raised to life for us and is sitting at the place of highest honor next to God, pleading for us." Romans 8:34 (NIV)

C. RELATIONAL.

"...When you get there, anoint Hazael king over Aram. Also, anoint Jehu son of Nimshi king over Israel, and anoint Elisha son of Shaphat from Abel Meholah to succeed you as prophet. Jehu will put to death any who escape the sword of Hazael, and Elisha will put to death any who escape the sword of Jehu. Yet I reserve seven thousand in Israel--all whose knees have not bowed down to Baal and all whose mouths have not kissed him." I Kings 19:15b-18 (NIV)